



871 West 4th Street
Winston-Salem, NC 27106
(336) 724-7600

starters

- Spinach Dip**
spinach, artichokes, feta, pita chips
- Crab Meat Wontons**
lump crab meat, cream cheese, green onions, sweet & tangy sauce
- Crab Dip**
lump crab meat, cream cheese, garlic bread

lunch entrees

- Grilled Salmon**
lemon-caper butter, broccoli
- Southwestern Wontons**
avocado, corn, black beans, onions, peppers, cheddar, jack, mixed greens, sour cream, tomato salsa
- Shrimp & Grits**
shrimp, andouille sausage, tomato, baby spinach, chipotle cream sauce, grit cake
- Creamy Tortellini**
tri-colored cheese-filled tortellini, caramelized onions, sauteed mushrooms, roasted red peppers
add shrimp or chicken - 3
- Crab Cake Lunch**
fries, slaw, tartar sauce

NEW express lunch \$9

choose any three

- Mini Chicken Salad Croissant**
- Mini Cheese Croissant**
- Mini Pimento Croissant**
- Soup of the Day**
- Chili**
- Chicken Salad**
- Pasta Salad**
- Garden Salad**
- French Fries**
- Sweet Potato Fries**
- Chips**
- Onion Straws**
- Fresh Fruit**

lunch menu

lunch salads

- Greek Salad**
kalamata olives, banana peppers, red peppers, feta cheese, purple onions
add chicken - 3 add shrimp - 4 add salmon - 5
- Grilled Salmon Salad**
grilled salmon, mixed greens, tomatoes, goat cheese, purple onions, candied pecans
- Beef Tenderloin Salad**
beef tenderloin, tomatoes, cucumbers, bleu cheese, onion straws
- Chinese Chicken Salad**
mixed greens, scallions, red peppers, mandarin oranges, chicken, fried wontons
- Grilled Chicken Salad**
mixed greens, grilled chicken, tomatoes, cucumber, jack and cheddar cheese, onions, croutons
- Southwestern Chicken Caesar Salad**
romaine, sweet & tangy fried chicken, black beans, roasted corn, tortilla strips, caesar dressing
- Arugula Salad**
bleu cheese, dried cranberries, candied pecans, mandarin oranges
- Taco Salad**
tortilla shell, chili, lettuce, pico de gallo, sour cream, jack and cheddar cheese

- Soup of the Day** **cup: 4 | bowl: 5**
- Chili** **cup: 4 | bowl: 5**

Dressing Choices

- Balsamic • Poppy Seed • Citrus • Herb • Bleu Cheese
- Sesame-Ginger • Ranch • Honey Mustard
- Fat Free Raspberry

Daily Specials \$10

- MONDAY: Meatloaf**
- TUESDAY: Pork Schnitzel**
- WEDNESDAY: Jambalaya**
- THURSDAY: Lasagna**
- FRIDAY: Flounder**



lunch menu

sandwiches & wraps

*served with a choice of: french fries, sweet potato fries,
onion straws, chips, pasta salad or fresh fruit*

Meatloaf Sandwich grilled meatloaf, bbq, mayonnaise, tomato, onion straws, habanero cheese, panini bread	9
Tuna Sandwich grilled ahi tuna, lettuce, tomato, remoulade, ciabatta bread	10
Grilled Cheese ★★ classic grilled cheese and a cup of our housemade soup	7
Salmon Sandwich ★★ grilled salmon, cream cheese, roasted red pepper, arugula, ciabatta bread	10
Cuban Sandwich prosciutto, pork, swiss cheese, fried pickles, stone ground mustard, hoagie roll	9
BBQ Bacon Grill grilled chicken breast, bbq sauce, bacon, jack & cheddar cheese, kaiser roll	9
Portabella Mushroom Wrap peppers, squash, zucchini, havarti, baby spinach, caramelized onions, basil aioli	8
Chicken Fajita Wrap chicken, peppers, onions, jack cheese, cheddar, lettuce, tomato, tortilla, sour cream, housemade tomato salsa	8
Beef and Bleu-Jack roast beef, bleu-jack cheese, caramelized onions, lettuce, tomato, horseradish spread, ciabatta bread	9
West End Club ★★ roast beef, turkey, ham, bacon, cheddar, lettuce, tomato, mayonnaise, toasted honey wheatberry or panini bread	8
Veggie Burger roasted red peppers, mushrooms, smoked gouda cheese, arugula, tomato, artichoke and avocado spread, kaiser roll	9
Chicken Salad Melt ★★ housemade chicken salad, cheddar, lettuce, tomato, croissant	8
Peppered Turkey and Havarti ★★ granny smith apples, peppered turkey, havarti, lettuce, mayonnaise, ciabatta bread	8
Crab Cake Sandwich shredded lettuce, tomato, tartar sauce, kaiser roll	9
Turkey and Gouda Melt ★★ peppered turkey, smoked gouda cheese, honey mustard, mixed greens, bacon, ciabatta bread	9
Buffalo Chicken Wrap crispy fried chicken, habañero-jack, lettuce, tomato, buffalo sauce, flour tortilla	8
Build A Burger ground chuck with choice of three: cheddar, habañero-jack, bleu-jack, pimento, smoked gouda, bbq, mushrooms, bacon, onion straws, chili, slaw, peppers, onions	9
French Dip roast beef, swiss cheese, au jus, horseradish spread, hoagie roll	9

Soup & Sandwich ★★ a half portion of our ★★ sandwich served with a cup of our housemade soup	8
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