

Daily Specials

Monday

Meat Special

Homemade Sirloin Tips over Rice

Vegetables

Greek Oven Brown Potatoes, English Sweet Peas, Steamed Rice, Fresh Turnip Greens, Cucumber Salad, Beet Salad, Applesauce, Fried Okra, Steak Fries, Baked Potato, Potato Salad, **NEW:** Steamed Broccoli (no additives)

Tuesday

Meat Special

Homemade Chicken Dumplings - or - Pork Tenderloin

Vegetables

Fresh Boiled Potatoes, Steamed Spinach, Baked Squash, Cucumber Salad, Steamed Cabbage, Black-Eyed Peas, Beet Salad, Applesauce, Fried Okra, Steak Fries, Baked Potato, Potato Salad, **NEW:** Steamed Broccoli (no additives)

Wednesday

Meat Special

1/4 Baked Chicken and Rice

Vegetables

Creamed White Potatoes, Turnip Greens, Green Beans, Applesauce, Macaroni or Broccoli Au Gratin, Cucumber Salad, Beet Salad, Rice, Fried Okra, Steak Fries, Baked Potato, Potato Salad, **NEW:** Steamed Broccoli (no additives)

Thursday

Meat Special

1/4 Chicken Cacciatore - or - Country Style Steak

Vegetables

Mashed Yam Souffle or Creamed Potatoes, Steamed Spinach, Buttered Baby Carrots, Fried Okra, Navy White Beans, Beet Salad, Cucumber Salad, Applesauce, Steak Fries, Baked Potato, Potato Salad, **NEW:** Steamed Broccoli (no additives)

Friday

Meat Special

Homemade Beef Stew - or - American Pot Roast - or - Stuffed Green Pepper

Vegetables

Whole Candied Yams or Creamed White Potatoes, Fresh Turnip Greens, Pinto Beans, Baked Squash, Mixed Vegetables (w/beef stew), Beet Salad, Fried Okra, Applesauce, Steak Fries, Potato Salad, Baked Potato, **NEW:** Steamed Broccoli (no additives)

Saturday

Meat Special

1/4 Baked Chicken w/Dressing

Vegetables

Mashed Yam Souffle, Mixed Vegetables, Creamed Corn, Lima Beans, Fried Okra, Beet Salad, Cucumber Salad, Applesauce, Steak Fries, Potato Salad, Baked Potato, **NEW:** Steamed Broccoli (no additives)