

BREAKFAST

SERVED ANYTIME!

LUNCH & DINNER

Eggs

All eggs and omelettes served with 3 delicious buttermilk pancakes.

Two Country Fresh Eggs 6.25
Bacon or Link Sausage & Two Eggs 7.95
Chopped Ham Scrambled Eggs 7.95

Omelettes

Cheddar Cheese Omelette 7.85
Ham, Link or Bacon & Cheddar Omelette 9.50
Spicy Southwestern Omelette Andouille sausage, pepper jack cheese, salsa, green onions and a dollop of sour cream 10.60
Spinach & Feta Omelette With mushrooms and tomatoes 10.60
Western Omelette Cheddar cheese, ham, pimientos, onions, tomatoes, green peppers 10.30
Veggie Omelette Cheddar cheese, onions, pimientos, tomatoes, green peppers, broccoli, mushrooms 10.30
(Egg Substitute add 1.10)

Specials

dessert-ery French Toast Thick sliced, batter dipped, grilled until golden brown and sprinkled with cinnamon and powdered sugar. Served with warm, creamy cinnamon syrup 8.50
Small order 6.55
Big Buckaroo A bed of hot hash browns topped with chopped onions, pimientos, green peppers, ham, cheddar cheese and two eggs over easy. Served with three buttermilk pancakes 10.85
DC's Yogurt & Granola Combo Fat-free yogurt topped with crunchy house-baked granola and fresh sliced strawberries and blueberries 8.85
Small order 6.50
Granola by the pound 11.70
Light Delight Three buttermilk pancakes served with hot syrup plus fresh fruit, juice and coffee or tea 9.15

Sidekicks

One Egg 1.60
Two Eggs 2.30
Hash Browns 2.60
Grits (until noon) 1.75
Bacon or Link Sausage 3.60
Toast or English Muffin & Jam 2.25
Cereal 2.95
Oatmeal & Milk 3.20
One Sub Egg 1.85
Two Sub Eggs 2.55
French Fries (after 11:00 A.M.) 2.75
Fresh Fruit Cup 2.75
Salad Dressing .90
Salsa .90

Pancake Specialties

BLUEBERRY PANCAKES
Sprinkled with powdered sugar. Served with blueberry syrup. Captures all the tang of mountain blueberries. 6.55

SMOKY MOUNTAIN SWEET POTATO PANCAKES
A favorite mountain recipe. Truly delicious. Served with syrup and whipped butter. 6.30

OLD FASHIONED BUTTERMILK PANCAKES
Extra light and tender. Served with whipped butter and hot syrup. 5.20

PECAN PANCAKES
Chock full of pecans and sprinkled with powdered sugar. Served with pecan syrup. 6.75

PEACH DELIGHT
Thin rolled pancakes dusted with powdered sugar and filled with delicious ricotta-cream cheese-peaches blend. Topped with peach compote and whipped cream. 9.85

BANANA CRUNCH
Buttermilk pancakes filled with slices of banana and crunchy pecans. Sprinkled with powdered sugar. A real treat! 7.15

STRAWBERRY PANCAKES
Fresh sliced strawberries, powdered sugar and whipped cream. 6.75

WHOLE WHEAT PANCAKES
Light and tasty! Served with whipped butter and warm syrup. 5.50

SILVER DOLLAR PANCAKES
8 or 15 miniature buttermilk pancakes. Small, dainty and delicious. Whipped butter and hot syrup. (8) 5.20 - (15) 7.30

GRANOLA-BANANA PANCAKES
What a combo! Our famous housemade granola and sliced banana in buttermilk pancakes. 7.15

GEORGIA PEACH ROLLUPS
Thin rolled pancakes dusted with powdered sugar and filled and topped with peach compote and whipped cream. 8.95

SWISS CHOCOLATE CHIP PANCAKES
Buttermilk pancakes with delicious morsels of chocolate, sprinkled with powdered sugar. For those with a sweet tooth. 6.55

Soups

Chicken & Rice with Vegetables
Vegetable Beef
Taco Stew Topped with sour cream, grated cheddar cheese and taco chips
Soup of the Day Ask about our daily homemade featured soup
• Cup 3.60
• Bowl 4.95
• Quart To Go 11.95

Cold Sandwiches

All served with lettuce and tomato, plus your choice of our famous pesto pasta salad, fresh fruit, potato chips or fries.
The Combo Select 1/2 of any cold sandwich and a cup of our homemade soup 9.95
Turkey & Havarti Thinly sliced turkey breast and mild Havarti cheese 9.95
Tarragon Chicken Salad Sandwich A best seller! Tender white meat with seedless grapes and tarragon 10.35
Roast Beef & Swiss Our own oven roasted beef, thinly sliced with horsey mayo 10.55
Ham & Swiss Ham sliced very thin plus Swiss cheese and gourmet mustard on rye bread 9.95
Veggie Favorite Provolone cheese, green leaf lettuce, tomato, red onion, cucumber slices and honey mustard dressing 8.95

Any sandwich available as a wrap.

Wraps

All served on a Tomato-Basil Wrap with your choice of our famous pesto pasta salad, fresh fruit, potato chips or fries.
Grilled Salmon Wrap With Provolone cheese, roma tomato, red onion, housemade caper sauce and lettuce 13.25
Chicken Fajita Wrap Stuffed with blackened chicken, cheddar cheese, green peppers, onions, pimientos, sour cream and side of salsa 10.90
French Dip & Swiss Wrap With warm au jus 10.95
Tarragon Chicken Salad Wrap With chopped lettuce and tomato 10.35

Gluten Free Menu Available

Burgers

Midtown Burger A 7oz. burger with lettuce, tomato and mayo on a grilled bun. Served with house-cut fries 8.95
add cheddar cheese 9.35
Nantahala Veggie Burger A roasted corn salsa and Mexican mayo add a bit of spice to our delicious black bean veggie burger. Served on a grilled French roll with sauteed red onions and lettuce. Comes with spicy house-cut fries 10.15
The Big Dipper Our burger with Provolone and cheddar cheeses on grilled rye bread. Served with chips, cucumbers and a mild creamy horseradish sauce for dipping 9.85
Black Jack Burger Creole mayonnaise, Cajun spices, marinated red onions, tomato and Provolone cheese make this a hot seller. Served with spicy house-cut fries 9.85
Vegetarians! Sub-Veggie Burger for Hamburger on any of the above add .50

House Oven Roasted Beef

Slow roasted in our ovens with a mild seasoning rub. Thin sliced, tender and juicy!
French Dip & Swiss Hoagie OR Wrap with au jus 10.95
Cold Roast Beef & Swiss Sandwich with Horsey Mayo 10.55
Served with your choice of pesto pasta salad, fresh fruit, chips or fries.



Clubs & Hot Sandwiches

All served with your choice of our famous pesto pasta salad, fresh fruit, potato chips or fries.

Grilled Reuben Your choice of corned beef or turkey on grilled rye bread with Provolone cheese, sauerkraut & 1000 Island dressing 10.35
Pinehurst Chicken Grill This flavorful sandwich starts with a chicken breast marinated overnight in a combination of sauces. It's grilled, served on a grilled bun and topped with special sauce, lettuce, tomato and mayo 10.85
Stratford Special Our own mustard dill sauce is spread on rye bread with hot corned beef, melted Provolone cheese and cole slaw 10.35
Continental Turkey, ham, corned beef and Provolone cheese on a French roll spread with our own smooth tarragon-bearnaise sauce on one side and mildly spiced French dressing on the other 10.85
Midtown Club A big club with turkey, ham, Provolone cheese, mayo, green leaf lettuce and tomato on toasted wheat bread 10.55
The Southerner Grilled Pimento cheese on sour dough bread with tomato slices 9.60
Soup & Special Sandwich Chopped bacon and onion, melted Swiss cheese on grilled wheat bread. Served with a cup of soup from our daily selection 9.95
Grilled Ham or Turkey & Cheese Thinly sliced ham or turkey with melted Provolone cheese served on grilled wheat bread with lettuce, tomato and mayo 10.15

DELIVERY SERVICE



We Deliver!
Breakfast Lunch Platters
MidtownCafeWS.com
10 Meal Minimum

LUNCH & DINNER

Salads

All salads include croutons and homemade dressings: Bleu Cheese, Creamy Pepper Parmesan, Honey-Mustard, Vinaigrette, Hot Bacon, Ranch, 1000 Island, Greek, Raspberry Vinaigrette and Ginger-Soy.

Pinehurst Chicken Grill Salad A favorite! Our grilled marinated chicken breast, sliced and served on a crisp garden salad topped with special sauce 11.45 Small 8.85
Greek Grilled Chicken Salad Mixed greens, feta cheese, red onions, black olives, Roma tomatoes served with Greek dressing 11.65 Small 8.95 With salmon 13.65 Small 10.95
Tarragon Chicken Salad Plate Tender white meat with seedless grapes, tarragon and other seasonings served on lettuce leaf 10.85 Sold by the pound 12.50
Asian Chicken Salad A little spicy! Crispy wontons, scallions, mandarin oranges, carrots and grilled chicken over mixed greens. Ginger soy dressing 11.65 Small 8.95
Tri-Salad Plate Tarragon chicken salad, pesto pasta salad and fresh fruit 10.85
Chef Salad Turkey, ham and Swiss atop our garden salad 10.25 Small 7.95
Garden Salad Crisp romaine lettuce, roma tomatoes, cucumbers, and broccoli florets 6.50
Soup & Salad Garden salad plus a cup of our delicious soup 8.95

Caesar Salads
Crisp romaine lettuce with shredded parmesan, housemade croutons, a little linguine and Caesar dressing.
Blackened Chicken 11.65 Small 8.95
*Grilled Salmon 13.65 Small 10.95
Veggies 8.90 Small 6.95
Spinach Salads
With chopped bacon, tomatoes, hard boiled egg wedges, mushrooms, and parmesan served with hot bacon dressing
Salad 9.95 Small 7.75
Grilled Chicken 12.75 Small 9.95
*Grilled Salmon 14.75 Small 11.85
Gorgonzola Salads
Fresh blueberries and strawberries plus Gorgonzola cheese, dried cranberries, pecans over mixed greens
Salad 8.75 Small 6.85
Grilled Chicken 11.65 Small 8.95
*Grilled Salmon 13.65 Small 10.95

Comfort Food Dinners

Available after 3 pm.
Dinners include 2 sides and grilled bread.

Midtown Meatloaf 11.75 Chicken & Dumplings 10.70
House Battered Fried Chicken Breast 11.95 *Grilled North Atlantic Salmon 14.50
Pot Roast With roasted vegetables over mashed potatoes 13.50
(does not include 2 additional sides)

Pasta dishes include side salad and garlic bread

Lasagna 11.75 Veggie Pasta Primavera 12.25 Spaghetti 10.45

Sides

Mac & Cheese Mashed Potatoes Green Beans
Pesto Pasta Salad Fresh Fruit Fresh Vegetable Medley
House Cut Fries Garden Side Salad Broccoli with Cheddar Cheese Sauce

Kids & Seniors 4.25

Bears in the Snow Two bear-shaped pancakes with powdered sugar and a slice of bacon

Caterpillar Miniature pancakes shaped like a caterpillar with chocolate chip eyes plus a bacon slice



French Toast Sprinkled with powdered sugar and cinnamon. Served with whipped butter and our own creamy cinnamon syrup plus one slice of bacon

Ride 'Em Cowboy Four miniature pancakes, one scrambled egg and a slice of bacon

The following items include pasta, fruit, chips or fries:

4.95
Chicken Fingers
Cheesy Quesadilla Add Chicken 2.70
Grilled Cheese
Plain Ham & Swiss Cheese Sandwich
Plain Turkey & Swiss Cheese Sandwich

For groups of 8 or more, a gratuity of 18% will be added to the bill.

* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

DESSERTS

THIS IS HOW WE GOT OUR START!
ALL ARE MADE FROM SCRATCH.

CAKES

	Slice	Half	Whole
5-Flavor Pound Cake Our best seller! The flavors are a secret, but the word is out on this moist cake. With cream cheese icing.	3.85 4.55	19.10 22.60	34.30 39.95
Chocolate-Chocolate Cake A classic double-layer chocolate cake with chocolate icing.	4.85	23.80	43.25
Italian Cream Cake Three layers of moist, dense white cake laden with pecans and coconut and spread with cream cheese icing. A very popular choice!	5.45	31.40	55.85
German Chocolate Cake Traditional style with moist coconut-pecan icing.	4.45	17.90	31.90
Blueberry Coffee Cake Old-fashioned recipe with a strudel of cinnamon, pecan and blueberries swirling throughout.	4.45	17.90	31.90
Coconut Cake An American favorite with coconut icing.	4.55	21.15	37.65
Macadamia Nut Carrot Cake Another favorite! Chock full of macadamia nuts, carrots, pineapple and spices, with cream cheese icing.	5.45	31.40	55.85
dessert-ery Cheesecake NY style with citrus overtones.	5.65	21.70	34.25
Brownie Blast Your choice of a fudge or cream cheese brownie, topped with vanilla ice cream, hot fudge, whipped cream and pecans. Yummm?	8.30		
Vanilla Ice Cream	1 scoop 1.85	2 scoops 3.35	

PIES

Apple Crunch	4.55	12.75	22.60
Key Lime	4.45	10.35	17.95
Southern Pecan	4.20	10.35	17.95

COOKIES

Chocolate Chip Cookie			1.10
White Chocolate-Macadamia Cookie			1.10
Oatmeal-Raisin Cookie			1.00
Fudge or Cream Cheese Brownie			2.55

SEASONAL SPECIALS

Fresh Strawberry Shortcake	Spring - Summer	7.95	
Pumpkin Pie in Spiced Nut Crust	Autumn - Winter - Spring	4.55	14.75 27.45
Apple Walnut Cake with Applejack Glaze	Autumn - Winter - Spring	4.85	20.55 36.35
Creme de Menthe Brownie	Winter	2.55	

DESSERT PLATTERS

An assortment of bite-size goodies ideal for any gathering or for gift giving. All platters include an assortment of cookies, cream cheese brownies, fudge brownies and 5-flavor pound cake.

Small (approx. 10 people)	29.95
Large (approx. 25 people)	61.50

Gift Certificates Always Available!

The Original *dessert-ery* was established in 1987. Winston-Salem's First Dessert Cafe