AHTFAL

Children 12 and under, please

CHICKEN AND RICE

5

Small chunks of grilled chicken with rice, peas, and cilantro or french fries.



FALAFEL AND HUMMUS 5

2 pieces of falafel served with a small portion of hummus and warm pita.



GRILLED CHEESE PITA

American cheese in a toasted pita served with steak fries or hummus.

HILWAYETT

COOKIES

2.5

Baked locally at Camino Bakery. Selection varries daily.

BAKLAWA

3.5

Made from stratch.

BAKLAWA & ICE CREAM 5

Made just for us by our friends at Blue Ridge Ice Cream

BAKLAWA GELATO 5

From Cafe Gelato.

Steaks and burgers are cooked to order.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.



HOURS

MON-FRI lunch 11-3 dinner 5-9

SAT lunch 11-5 dinner 5-9 336-722-4222 www.mooneysmedcafe.com Fourth & Liberty Downtown W-S



SAMPLER PLATE 9

choice of four mezza items



FETTOOSH

≦3 55

Our house salad. Romaine, cucumber, tomato. radish, parsley, and green onion tossed in a lemon and olive oil dressing.



LENTIL SOUP

Lentils, potato, spinach, carrots, and spices in a vegetable stock.



%3 ₹5 58

A tiny round wheat semolina pasta mixed with bell peppers, cilantro, raisins, and feta cheese.



FRIED CAULIFLOWER

Fresh, not battered. Served with tarator.



HUMMUS

93 ≦5 58

A blend of chickpeas, tahini, garlic, and olive oil. Served with a side of warm pita.



BABA GHANOUJ

93 ≦6 512

A blend of roasted eggplant, tahini, garlic, and olive oil. Served with a side of warm pita.



MOUSAKA

93 ≥6 512

Eggplant, whole chickpeas, and onion stewed in a rich spiced tomato sauce. Served with a side of warm pita.



TABOULI

A zesty parsley and cracked wheat salad with tomato, green onion, mint, lemon, and olive oil.



FALAFEL

A hearty mix of chickpeas, fava beans, herbs, and spices fried and served with tarator.

ARAI YIS

Add steak fries for 2

TAWOOK PITA

6.5

Grilled chicken with pickled turnips, garlic mayo, and french fries (in the sandwich!)

JEZEBEL PITA

6.5

Grilled chicken, swiss cheese, garlic mayonnaise, cole slaw, and sriracha hot sauce.

SHAWARMA PITA

Grilled marinated strips of beef with tomato, grilled onion, pickled turnips, and tarator,

GARDEN CHICKEN PITA

6

Grilled chicken, salad greens tossed in a lemon and olive oil dressing, and feta cheese.

KAFTA PITA

Kabobs of beef and lamb with tomato, hummus, and pickled turnips.

Kafta Burger

An 8 ounce patty of ground beef and lamb stuffed with feta cheese on a kaiser roll with lettuce, tomato. and tzatziki sauce.

Classic American Burger

6.5

A grilled 8 ounce beef burger on a kaiser roll with lettuce, tomato, mayonnaise and your choice of: american cheese, swiss cheese, grilled or raw onions, ketchup, mustard, steak sauce, and barbecue sauce.

Grilled Veggies and Hummus Pita

6

Grilled eggplant, zucchini, and onion with hummus.

Garden Pita

9

Salad greens tossed in a lemon and olive oil dressing, feta cheese, kalamata olives, and hummus.

Traditional Falafel Pita

With pickled turnips, tomato, parsley, and tarator.

6

6

MOONEY'S FALAFEL PITA

With tomato, hummus, and chatta.

ACE OF FALAFEL PITA

6.5

With grilled vegetables, cole slaw, and chatta.

FALAFEL BURGER

6.5

6.5

On a kaiser roll with lettuce, tomato, swiss cheese, garlic mayonnaise, and chatta.

TEMPEH PITA

Organic Tempeh, hummus, sautéed onion, lettuce, tomato and taratoor.

MEEZAN

6.5

Grilled chicken, garlic, mayo, couscous, lettuce. tomato and chatta

FALAFEL PLATE

9

4 pieces of falafel served with tomato, pickled turnips, hummus, and warm pita.

TAWOOK OVER FETTOOSH

Grilled chunks of marinated chicken served over our house salad and tossed in a lemon and olive oil dressing

TRIPOLI CHICKEN SALAD

Grilled chicken, jeweled cous cous, and feta cheese served over our house salad and tossed in a lemon and olive oil dressing.

TAWOOK PLATTER

12

11

Grilled chunks of marinated chicken served over rice with sides of fetoosh, hummus. and warm pita.

SHAWARMA OVER FETTOOSH OR HUMMUS

Marinated strips of beef grilled with onions and served over our house salad or over hummus with warm pita.

SHAWARMA PLATTER

13

Marinated strips of beef grilled with onions and served over rice with sides of fettoosh, hummus, and warm pita.

KAFTA PLATTER

14

Grilled kabobs of seasoned beef and lamb served over rice with sides of fettoosh, hummus, and warm pita.



= vegetarian

= vegan



= Local and Grass-fed Beef

from Apple Brandy Beef in North Wilkesboro, North Carolina

Steaks and burgers are cooked to order.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.